

TUESDAY, 08 JANUARY 2008



## Today's Sweet Nothing

---

### Beauty through the Ages

It will never make sense, but women will still do it: Clean the house in anticipation of the cleaning lady. We're putting our foot down when it comes to our own cleaning up. The last thing we want to do while making ourselves look lovely is beautifying before the actual event.

Luckily we discovered **Spaluxe**, where we can indulge in our every luxurious whim without looking the part upon our entrance. An unpretentious new boutique spa in the West Island, SpaLuxe lets us sample the very best in beauty treatments and products. And though we might enter bare faced, we're sure to leave looking like a million bucks.

We could spend a day getting pampered with **manicures** (\$23-\$55), **massages** (\$75/hour), **spray tans** (\$35-\$75) and more. Not to mention the amazing **La Fleur pedicure stations** (\$40-\$65) with a built-in back massage.

And while **Stacey Haberkorn**, owner and makeup artist, puts the final touches on our face (\$45+), we can't help but pick up a few products to take home from **Franche**, **Body+Soul**, **Guinot** and **Kiss Me Mascara**. (You never know when you need to get pretty.)

**Spaluxe**  
[www.spaluxe.ca](http://www.spaluxe.ca)  
514-693-0110  
275 Elm Street Unit 1A, Beaconsfield